




CHEYENNE WELLS SCHOOL
FEBRUARY 2018
BREAKFAST MENU
(SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Pizza Cereal Toast Fruit Milk	2 
5 Scrambled Eggs w/ Ham Cereal Toast Fruit Milk	6 Breakfast Parfait Cereal Bar Toast Fruit Milk	7 Breakfast Burrito Cereal Toast Juice/ Fruit Milk	8 Sausage Gravy over Biscuit Cereal Toast Fruit Milk	9 Banana Muffin Cereal Toast Fruit Milk
12 Sausage Link Hash-Browns Cereal Toast Fruit Milk	13 Sausage Egg Cheese Muffin Cereal Toast Juice/ Fruit Milk	14 Breakfast Smoothie Muffin Cereal Toast Fruit Milk	15 French Toast w/ Syrup or Peanut Butter Cereal Toast Fruit Milk	16
19 Scrambled Eggs w/ Ham Cereal Toast Fruit/Juice Milk	20 Breakfast Burrito Cereal Toast Juice/ Fruit Milk	21 Sausage Gravy over Biscuit Cereal Toast Fruit Milk	22 Breakfast Parfait Cereal Toast Fruit Milk	 23
26 French Toast w/ Syrup or Peanut Butter Cereal Toast Fruit Milk	27 Sausage Egg Cheese Muffin Cereal Toast Juice/ Fruit Milk	28 Breakfast Pizza Cereal Toast Juice/ Fruit Milk	March 1 Breakfast Smoothie Muffin Cereal Toast Fruit Milk	

This institution is an equal opportunity provider

CHEYENNE WELLS SCHOOL
FEBRUARY 2018
LUNCH MENU
(SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pig In Blanket Baked Beans Carrot Sticks Fruit No Bake Cookie Milk	2
5 Pepperoni Dipsticks Pizza Sauce Lettuce Salad Fruit Milk	6 Chicken Fajita Veggies Spanish Rice Fruit Milk	7 Business Persons Lunch BBQ Meatballs Baked Potatoes Broccoli w/ Cheese Sauce Cheddar Biscuit Dessert or Fruit Milk	8 Frito Pie Lettuce/ Cheese Fruit Milk Dessert Milk	9 Ham and Cheese on Hoagie Chips Carrot Sticks Fruit Milk
12 Double Decker Taco Lettuce/ Cheese Fruit Cinnamon Bread Milk	13 Chicken and Noodles Mashed Potatoes Carrots Hot Wheat Roll Apple Crisp Milk	14 Grilled Cheese Sandwich Tomato Soup Carrot Sticks Fruit Cookie Milk	15 Chili Breadsticks Carrot Sticks Fruit Milk	16 Healthy Heart  Healthy You
19 Cheeseburger French Fries Fruit Milk	20 Spaghetti w/ Meat-sauce Green Beans Garlic Bread Fruit Milk	21 Turkey / Stuffing Mashed Potatoes w/ Gravy Hot Vegetable Hot Wheat Roll Pumpkin Dessert Milk	22 BBQ Pork on Bun Baked Bean Tater Tots Fruit Milk	23 
26 Nacho Supreme Lettuce Salad Fruit Cinnamon Bread Milk	27 Lasagna Green Beans Garlic Bread Pears Milk	28 Chicken Fried Steak Mashed Potatoes w/ Gravy Corn/ Broccoli Hot Wheat Roll Jell-O w/ Fruit Milk	March 1 Ham Sandwich or Turkey Wraps Tater Tots Carrot Sticks Fruit Milk	

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