










**CHEYENNE WELLS SCHOOL**  
**NOVEMBER 2017**  
**BREAKFAST MENU**  
(SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 		<b>2</b> Scrambled Eggs w/ Ham Cereal Toast Fruit Milk	<b>3</b> Yogurt Cup Cereal Bar Cereal Toast Fruit Milk	<b>3</b> 
<b>6</b> French Toast w/ Syrup or Peanut Butter Cereal Toast Fruit Milk	<b>7</b> Sausage Egg Cheese Muffin Cereal Toast Juice/ Fruit Milk	<b>8</b> Breakfast Smoothie Muffin Cereal Toast Fruit Milk	<b>9</b> Sausage Gravy Over Biscuit Cereal Toast Fruit Milk	<b>10</b>
<b>13</b> Waffles w/ Strawberries or Syrup Cereal Toast Fruit Milk	<b>14</b> Breakfast Burrito Cereal Toast Juice/Fruit Milk	<b>15</b> Breakfast Parfait Cereal Toast Fruit Milk	<b>16</b> Breakfast Pizza Cereal Toast Juice/ Fruit Milk	<b>17</b>
<b>20</b> Sausage Links Hash-browns Cereal Toast Juice/ Fruit Milk	<b>21</b> Sausage Egg Cheese Muffin Cereal Toast Juice/ Fruit Milk	<b>22</b>  Let's Take a Break!	<b>23</b> 	<b>24</b> 
<b>27</b> Breakfast Pizza Cereal Toast Juice/ Fruit Milk	<b>28</b> French Toast w/ Syrup or Peanut Butter Cereal Toast Fruit Milk	<b>29</b> Breakfast Burrito Cereal Toast Juice/Fruit Milk	<b>30</b> Breakfast Parfait Cereal Toast Fruit Milk	

**CHEYENNE WELLS SCHOOL**  
**NOVEMBER 2017**  
**LUNCH MENU**  
(SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b>		<b>1</b>	<b>2</b>	<b>3</b>
		Chicken Fried Steak Mashed Potatoes w/ Gravy Corn/ Broccoli Hot Wheat Roll Fruit Milk	Grilled Cheese Tomato Soup/ Crackers Carrot Sticks Fruit Cookie Milk	
Double Decker Taco Lettuce/ Cheese Fruit Cinnamon Bread Milk	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Pig in Blanket Baked Beans Carrot Sticks Fruit Pudding Milk	Meatballs Baked Potato Broccoli w/ Cheese Sauce Garlic Cheese Biscuit Jell-o w/ Fruit Milk	Sloppy Jo on bun Tri-Tater Fruit Dessert Milk	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Cheeseburger Fries Fruit Milk	Spaghetti w/ Meat-sauce Green Beans Garlic Bread Fruit Milk	Turkey/ Stuffing Mashed Potatoes w/ Gravy Hot Veg./ Sweet Potatoes Hot Wheat Roll Pumpkin Dessert Milk	Ham and Cheese Sandwich Potato Soup Carrot Sticks Fruit Cookie Milk	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Pepperoni Dipsticks Lettuce Salad Fruit Milk	Matador Lettuce Salad Fruit Milk			
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
Super Nachos Lettuce Salad Fruit Cinnamon Bread Milk	Chicken and Noodles Mashed Potatoes Carrots/ Green Beans Hot Wheat Roll Apple Crisp Milk	Chili Carrots Sticks Breadsticks Fruit Milk	BBQ Pork on Bun Baked Beans Tater Tots Fruit Milk	