



CHEYENNE WELLS SCHOOL
 SEPTEMBER 2021
 BREAKFAST MENU
 (SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 French Toast w/ Syrup or Peanut Butter Cereal Toast Fruit Milk	2 Breakfast Parfait Cereal Muffin Fruit Milk	3
6 	7 Fruit Smoothie Cereal Muffin Fruit Milk	8 Waffles w/ Strawberries or Syrup Cereal Toast Fruit Milk	9 Sausage Gravy Over Biscuit Cereal Toast Fruit Milk	10
13 Pancakes w/ Syrup Cereal Toast Fruit Milk	14 Breakfast Burrito Cereal Toast Fruit Milk	15 Breakfast Parfait Cereal Toast Fruit Milk	16 Sausage Hash-browns Cereal Toast Fruit Milk	17
20 French Toast w/ Syrup or Peanut Butter Cereal Toast Fruit Milk	21 Sausage Egg Cheese Muffin Cereal Toast Fruit Milk	22 Sausage Gravy Over Biscuit Cereal Toast Fruit Milk	23 Breakfast Pizza Cereal Toast Fruit Milk	24
27 Scrambled Eggs w/ Ham Cereal Toast Fruit Milk	28 Breakfast Burrito Cereal Toast Fruit Milk	29 Fruit Smoothie Cereal Toast Fruit Milk	30 Waffles w/ Strawberries or Syrup Cereal Toast Fruit Milk	

This institution is an equal opportunity provider

CHEYENNE WELLS SCHOOL
SEPTEMBER 2021
LUNCH MENU
(SUBJECT TO CHANGE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Pig in Blanket Baked Beans Carrot Sticks Fruit Milk	Sloppy Jo on Bun Tater Tots Cookie Fruit Milk	
6	7	8	9	10
	Cheeseburger on Bun Fries Carrot Sticks Fruit Milk	Frito Pie Lettuce/Cheese Fruit Dessert Milk	Pizza Lettuce Salad Fruit Milk	
13	14	15	16	17
Double Decker Taco Lettuce/ Cheese Fruit Milk	Chicken Fried Steak Mashed Potatoes/ Gravy Corn/ Broccoli Jell-O W/ Fruit Wheat Roll Milk	Spaghetti w/ Meat-Sauce Green Beans Garlic Bread Fruit Milk	BBQ Pork on Bun Baked Beans Fruit Cookie Milk	
20	21	22	23	24
Super Nachos Lettuce/ Cheese Fruit Dessert Milk	Chili Breadsticks Carrot Sticks Fruit Milk	BBQ Meat-balls Baked Potatoes Broccoli w/ Cheese Sauce Cheddar Biscuit Fruit Milk	Chicken Fajita Veggies Rice Corn Fruit Milk	
27	28	29	30	
Smothered Burrito Lettuce/ Cheese Spanish Rice Fruit Milk	Lasagna Green Beans Garlic Bread Fruit Milk	Chicken and Noodles Mashed Potatoes Carrots Wheat Roll Apple or Cherry Crisp Milk	Ham and Cheese on Hoagie Tater Tots Fruit Milk	

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